



SES014: Specialty Update: Psychiatry February 21, 2025

Donna Sudak, MD Chair, Review Committee for Psychiatry

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Conflict of Interest Disclosure

Speaker(s): Donna Sudak, MD

Disclosure

None of the speakers for this educational activity have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.





Discussion Topics



Review Committee for Psychiatry Activities



Accreditation Process



Specialty Program Requirements



Competency-Based Medical Education (CBME)



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ACGME President and CEO

ACGME President and CEO Announces Transition

Thomas J. Nasca, MD, MACP stepped down from the role of ACGME President and CEO on January 1, 2025, to establish the ACGME Center for Professionalism and the Future of Medicine. Dr. Nasca will serve as the initial Senior Fellow and Administrative Director. ACGME Announces Next President and Chief Executive Officer

News | August 14, 2024



The ACGME is pleased to announce the appointment of Debra Weinstein, MD as its new President and Chief Executive Officer, effective January 1, 2025.

Dr. Weinstein brings a wealth of academic medicine leadership experience to this role, with an impressive history of contributions and impact

in graduate medical education (GME). She is currently Executive Vice Dean for Academic Affairs and Professor of Learning Health Sciences and Internal Medicine at the University of Michigan Medical School, and Chief Academic Officer for Michigan Medicine. Previously, she served as Vice President for Graduate Medical Education at Mass General Brigham (formerly Partners HealthCare) in Boston, with responsibility for more than 300 GME programs, encompassing 2,400 residents and fellows, and was an associate professor of medicine at Harvard Medical School. She was the designated institutional official (DIO) for both Massachusetts General Hospital (MGH) and Brigham and Women's Hospitals for over a decade after serving as the MGH program director for the Internal Medicine residency.

Review Committee for Psychiatry Staff

ACGME Leadership

Mary Klingensmith, MD, Chief Accreditation Officer 312.755.7405 – mklingensmith@acgme.org

Nikhil Goyal, MBBS, Senior Vice President, Accreditation 312.755.7505 – ngoyal@acgme.org

Review Committee Staff

Louise Castile, MS, Executive Director 312.755.5498 – <u>lcastile@acgme.org</u>

Pamela R. Beck, MPA, Associate Executive Director 312.755.7471 – <u>pbeck@acgme.org</u>

Celeste Urbina, BA, Accreditation Administrator 312.755.7408 – <u>curbina@acgme.org</u>





The mission of the ACGME is to improve health care and population health by assessing and enhancing the quality of resident and fellow physicians' education through advancements in accreditation and education.

ACGME Mission, Vision, and Values



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Purpose of ACGME Accreditation

- Accreditation of Sponsoring Institutions and residency/fellowship programs by the ACGME is a voluntary process of evaluation and review.
- Accreditation benefits the public, protects the interests of residents and fellows, and improves the quality of teaching, learning, research, and professional practice.
- The accreditation processes are designed to evaluate, improve, and publicly recognize Sponsoring Institutions and graduate medical education (GME) programs that are in substantial compliance with standards of educational quality established by the ACGME.



ACGME ACCREditation

The ACGME has a twofold purpose:

- 1. To establish and maintain accreditation standards that promote the educational quality of residency and fellowship education programs; and,
- 2. To promote residency/fellowship education that is sensitive to the quality and safety of patient care in an environment that fosters the well-being, learning, and professionalism of residents and fellows.

It is not the intent or purpose of the ACGME to establish numbers of physicians in any specialty.





ACGME Board and Review Committees

- Board sets policy and direction
- Board delegates authority to accredit programs/Sponsoring Institutions to the Review Committees
- Board monitors Review/Recognition Committees
 - Monitoring Committee
- Board approves:
 - Institutional, Specialty/Subspecialty-Specific, and Recognition Requirements
 - Common Program Requirements



Differences Between the ACGME and the Certifying Boards





Combined Programs

ACGME HOME > PROGRAMS AND INSTITUTIONS > PROGRAMS > COMBINED PROGRAMS

Overview

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Effective February 2024, the ACGME Board of Directors approved a plan to initiate accreditation of combined programs, which are GME programs designed to provide residents/fellows with education in two or more specialties/subspecialties. The ACGME Combined Program Requirements are a basic set of standards (requirements) that supplement/complement the existing specialty-/subspecialty-specific Program Requirements for education of resident and fellow physicians in a particular specialty or subspecialty.

CONTACT AND SUPPORT

General questions: accreditation@acgme.org

Specialty-specific questions: contact the relevant Review Committee staff, as noted in the table on this page, or visit the <u>Specialties</u> listing to select the relevant specialty.

For additional information about combined programs, contact the member boards of the ABMS and/or certifying boards of the AOA offering combined educational experiences.

Combined Program Requirements Documents

Program applications must be initiated in the Accreditation Data System (ADS). For more information on the process to submit a program application, visit the <u>Program Application Information</u> web page or review this three-part course Applying for Program Accreditation, available in Learn at ACGME.





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When to Notify the Review Committee of Program Changes

Submitted in ACGME Accreditation Data System (ADS)

Participating Site Changes

Program Director Changes

Complement Changes (temporary and permanent) *The complement requests are reviewed in between scheduled RC meetings.*

Voluntary Withdrawals

Change in Sponsoring Institution

When *Not* to Notify the Review Committee

Exceptions for an individual's education and training:

- Leaves of absence •
- Extensions due to remediation
- Electives (including international) ۲
- Qualification for "fast-tracking" into child and adolescent psychiatry ٠
- Other training not required by the Review Committee (including pathways) ٠

In these circumstances you should contact the certifying board American Board of Psychiatry and Neurology (ABPN) – <u>www.abpn.org</u>





Psychiatry FAQs

The FAQs will be updated and posted later this year.

- Psychiatry <u>https://www.acgme.org/globalassets/pdfs/faq/400_psychiatry_faqs.pdf</u>
- Addiction Psychiatry - <u>https://www.acgme.org/globalassets/pfassets/programrequirements/2024-</u> <u>prs/401_addictionpsychiatry_faqs.pdf</u>
- Child and Adolescent Psychiatry -<u>https://www.acgme.org/globalassets/pfassets/programrequirements/2024-</u> <u>prs/405_childadolescentpsychiatry_faqs.pdf</u>
- Forensic Psychiatry -<u>https://www.acgme.org/globalassets/pfassets/programrequirements/2024-</u> <u>prs/406_forensicpsychiatry_faqs.pdf</u>
- Geriatric Psychiatry <u>https://www.acgme.org/globalassets/pfassets/programrequirements/2024 prs/407_geriatricpsychiatry_faqs.pdf</u>



Review Committees

There are 28 specialty Review Committees, including one for transitional year programs.

The Institutional Review Committee reviews and accredits institutions that sponsor graduate medical education programs.

Each Review Committee receives data on all accredited or applicant programs or institutions within its purview, and makes an accreditation status decision on each, annually.



Review Committee for Psychiatry Members

- Donna M. Sudak, MD (Chair)
- Art Walaszek, MD (Vice Chair)
- Evangelia Assimacopoulos, MD (Resident Member)
- Brigitte Bailey, MD*
- Sandra D. Batsel-Thomas, MD
- Sheldon Benjamin, MD
- Adam Brenner, MD
- Catherine Crone, MD*
- Sandra M. DeJong, MD
- Daniel Elswick, MD
- Richard L. Frierson, MD
- Tracee Hall, MPH (Public Member)

*Term ends June 30, 2025

- Erick Hung, MD
- Furhut Janssen, DO
- John M. Kinzie, MD*
- Maria Lapid, MD
- Judith L. Lewis, MD
- Tanya Lopez, MS (Ex-officio American Medical Association)
- Jeffrey M. Lyness, MD (Ex-officio ABPN)
- Vishal Madaan, MD (Ex-officio American Psychological Association)
- Robert McCarron, DO
- Jason Ouimette (Ex-officio American Osteopathic Association)
- Ismene L. Petrakis, MD

Review Committee members are not allowed to discuss committee activities and accreditation decisions





Incoming Review Committee for Psychiatry Members

Rashi		
Aggarwal,	MD	

 Northwell Health Staten Island University Hospital – Staten Island, New York

Carrie Ernst, MD

 Icahn School of Medicine at Mount Sinai – New York, New York

Terms begin: July 1, 2025



Psychiatry Program Accreditation: Academic Year 2024-2025

Psychiatry	343
Addiction Medicine	32
Addiction Psychiatry	54
Child and Adolescent Psychiatry	156
Consultation-Liaison Psychiatry	68
Forensic Psychiatry	57
Geriatric Psychiatry	60
Sleep Medicine	3



Recent and Upcoming Review Committee Meeting Dates

Meeting Dates:	Agenda Closing Date:
February 7-8, 2025	November 8, 2024
April 25, 2025	January 24, 2025
February 13-14, 2026	November 14, 2025
April 24, 2026	January 23, 2026

Annual Data Elements



- Resident/Fellow Survey
- Clinical Experience
- ABPN Pass Rate
- Faculty Survey

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- ABPN/AOBNP Faculty
 Certification
- Scholarly Activity
- Attrition/Changes/Ratio
- Subspecialty
 Performance
- Omission of Data





2023-2024 Frequent Citations and AFIs *Psychiatry/Psychiatry Subspecialties*

Citations	Areas for Improvement (AFIs)
Responsibilities of Program Director (53; 21.5%)	Specific Domains in the Resident/Fellow Survey
Resources (28; 11.4%)	Performance on Board Exam
Supervision (27; 11.0%)	Failure to Provide Accurate Information
Evaluation of Residents/Fellows (24; 9.8%)	Scholarly Activity

Frequent Psychiatry Citations – 2023-2024

<u>Psychiatry Citations</u> 2023-2024 – Total 232 Citations

- Evaluation of Residents/Fellows (43 citations/18.5%)
- Responsibilities of Program Director (34 citations/14.7%)
- Resources (22 citations/9.5%)
- Supervision (20 citations/8.6%)

<u>Child and Adolescent Psychiatry Citations</u> 2023-2024 – Total 30 Citations

- Responsibilities of Program Director (6 citations/20.0%)
- Evaluation of Residents/Fellows (5 citations/16.7%)
- Supervision (3 citations/10.0%)



Citation - Program Director Responsibility

Program Director Responsibilities

Program Requirement: II.A.4.a).(10)

Provide a learning and working environment in which residents have the opportunity to raise concerns and provide feedback in a confidential manner as appropriate, without fear of intimidation or retaliation. (Core)

The information provided to the Review Committee did not demonstrate substantial compliance with the Program Requirement. At the time of the site visit, the residents reported that they were not provided a learning and working environment in which they were able to raise concerns. The residents described the learning and working environment as being "psychologically unsafe" among fellow residents. In addition, the residents reported they are not willing to discuss anything with anyone (directly or on evaluation forms) for fear of being placed on remediation or potentially having their actions result in compromising letters of recommendations for future fellowships or practice opportunities. The results from the ACGME 2021-2022 Resident Survey provide further evidence to support the issue of noncompliance indicating that residents are not able to raise concerns without fear of intimidation or retaliation. (Site Visit Report, pages 6-8, 16-17, and 2021-2022 ACGME Resident Survey)



Citation - Resources

Resources

Program Requirement: IV.A.4.a) and VI.B.2.a) The learning objectives of the program must: be accomplished through an appropriate blend of supervised patient care responsibilities, clinical teaching, and didactic educational events; (Core)

The information provided did not demonstrate compliance with the Program Requirement. Based on a review of the 2021-2022 ACGME Resident Survey, the program has compliance issues with items in the Resources section of the survey, particularly with regards to the items related to whether there is an appropriate balance between education and patient care.





Citation - Supervision

Levels of Supervision

Program Requirements: VI.A.2.c).(1), VI.A.2.c).(1).(a).(i), IV.A.2.c).(1).(a).(i).(a), VI.A.2.c.(1).(a).(i).(a).(i)-(iii) Direct Supervision: the supervising physician is physically present with the resident during the key portions of the patient interaction; or, (Core) PGY-1 residents must initially bye supervised directly, only as described in VI.A.2.c).(1).(a). (Core) PGY-1 residents should progress to being supervised indirectly with direct supervision available only after demonstrating competence in: (i) the ability and wiliness to ask for help when indicated; (Detail) (ii) gathering an appropriate history; (Detail); (III) the ability to perform an emergent psychiatric assessment; and, (Detail)

The information provided to the Review Committee did not demonstrate substantial compliance with the Program Requirements. The Supervision Policy did not reflect the progression of a PGY-1 resident's progression from direct to indirect supervision by demonstrating competence delineated in the Program Requirements. In addition, the Supervision Policy did not address supervision of a resident requiring direct supervision who provides remote care. (Site Visit Report, pages 36-37)



Citation - Evaluation

Evaluation

Program Requirement: V.A.1.a) Faculty members must directly observe, evaluate, and frequently provide feedback on resident performance during each rotation or similar educational assignment. (Core)

The information provided to the Review Committee did not demonstrate compliance with the Program Requirement. Based on a review of the 2021-2022 ACGME Resident Survey, the program has compliance issues with items in the Evaluation section of the survey, particularly with regards to the items related to whether residents are satisfied with faculty members' feedback.



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Communicating Results Back to the Program(s)

Within five business days following the Review Committee meeting:

 Email notifications are sent to the program director, designated institutional official (DIO), and program coordinator containing accreditation status decisions

Up to 60 days following the Review Committee meeting:

- Letters of Notification (LONs) are posted to ADS
- Program director, DIO, and program coordinator are notified via email that LON is available



Psychiatry Program Requirements





- Programs are accountable to both Common Program Requirements and the applicable specialty-specific Program Requirements.
- The Common Program Requirements are a basic set of standards (requirements) for education, training, and preparation of physicians applicable to all programs regardless of specialty or subspecialty.
- The Program Requirements set the context within clinical learning environments for development of the skills, knowledge, and attitudes necessary to take personal responsibility for the individual care of patients.
- The Program Requirements facilitate an environment in which residents and fellows can interact with patients under the guidance and supervision of qualified faculty members who give value, context, and meaning to those interactions.



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Psychiatry Subspecialty Program Requirements

- The Review Committee for Psychiatry underwent a major revision of the Program Requirements for the subspecialties of addiction psychiatry, child and adolescent psychiatry, consultation-liaison psychiatry, forensic psychiatry, and geriatric psychiatry.
- The proposed psychiatry subspecialty Program Requirements were reviewed at the February 2, 2024, ACGME Committee on Requirements meeting and approved by the ACGME Board of Directors.
- The subspecialty Program Requirements became effective July 1, 2024.



Psychiatry "Shaping GME"

- Requirements must be reviewed for a major revision every 10 years.
 - Shaping GME (Scenario-based strategic planning): The Review Committee and the relevant specialty communities will think rigorously and creatively about what the specialty will look like in the future, well beyond 10-year increments, recognizing that the future is marked with significant uncertainty
 - Psychiatry is tentatively scheduled to undergo this process in 2026
- Interim revisions may be considered at scheduled intervals between major requirement revisions, which will typically be every three years.
- On rare occasions, with approval of the ACGME Board, revisions may be considered between these scheduled intervals.





Discussion Topic

ACGME Resident/Fellow and Faculty Surveys



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ACGME Resident/Fellow and Faculty Surveys

ACGME Resident/Fellow and Faculty Surveys

- Program directors are not requested to complete the Faculty Survey
- Core faculty members in specialty programs (physicians and non-physicians) are requested to complete the Faculty Survey
- All faculty members in subspecialty programs (physicians and non-physicians) will be scheduled to participate in the Faculty Survey

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ACGME Resident/Fellow and Faculty Surveys

How does the Review Committee use Resident/Fellow Surveys in determining accreditation decisions?

- The Committee reviews the program's trend data from the survey results, which includes information for each domain area versus individual questions.
- The Committee issues Areas for Improvement (AFIs) for non-compliance with specific areas from each domain.
- The Committee issues citations for the surveys if the program has received multiple AFIs in a particular domain area.
- The Committee will issue a citation for non-compliance in the domain area of professionalism relative to the questions surrounding the ability to raise concerns without fear of intimidation or retaliation and satisfaction with the process for dealing confidentially with problems and concerns.

ACGME Resident/Fellow and Faculty Surveys

NEW! Resident/Fellow and Faculty Surveys

The reporting period for the ACGME's annual Resident/Fellow and Faculty Surveys opens on February 10, 2025, and will run for eight weeks, ending April 4, 2025. The ACGME anticipates that programs and Sponsoring Institutions will again receive survey reports in early May.

The ACGME will continue to alert program and Sponsoring Institution leadership of the survey at the beginning of the administration period and remind them throughout. Like previous years, program leadership will still be charged with alerting survey takers of their participation using the existing mechanisms available within ADS during the survey administration period. Programs should review and, if necessary, update their Resident/Fellow and Faculty Rosters in ADS before the survey opens to ensure accurate scheduling of survey participants.



- Address medical, parental, and caregiver leave
- Six weeks of paid leave once during program, with one week of additional vacation time in same year
- Health insurance available during leave
- Equitable treatment of residents under leave policies (e.g., call responsibilities, promotion/renewal)
- Flexibility of scheduling, time off utilization, and fellowship start dates
- Policies widely available for prospective residents
- Policies consistent with board requirements
- Address extended leaves or multiple episodes of leave


Institutional Requirements

IV.H.	Vacation and Leaves of Absence
IV.H.1.	The Sponsoring Institution must have a policy for vacation and leaves of absence, consistent with applicable laws. This policy must: ^(Core)
IV.H.1.a)	provide residents/fellows with a minimum of six weeks of approved medical, parental, and caregiver leave(s) of absence for qualifying reasons that are consistent with applicable laws at least once and at any time during an ACGME-accredited program, starting the day the resident/fellow is required to report; ^(Core)
IV.H.1.b)	provide residents/fellows with at least the equivalent of 100 percent of their salary for the first six weeks of the first approved medical, parental, or caregiver leave(s) of absence taken; ^(Core)
IV.H.1.c)	provide residents/fellows with a minimum of one week of paid time off reserved for use outside of the first six weeks of the first approved medical, parental, or caregiver leave(s) of absence taken; ^(Core)
IV.H.1.d)	ensure the continuation of health and disability insurance benefits for residents/fellows and their eligible dependents during any approved medical, parental, or caregiver leave(s) of absence; ^(Core)
IV.H.1.e)	describe the process for submitting and approving requests for leaves of absence; ^(Core)
IV.H.1.f)	be available for review by residents/fellows at all times; and, $^{(\mbox{Core})}$
IV.H.1.g)	ensure that each of its ACGME-accredited programs provides its residents/fellows with accurate information regarding the impact of an extended leave of absence upon the criteria for satisfactory completion of the program and upon a resident's/fellow's eligibility to participate in examinations by the relevant certifying board(s).

Institutional Requirements - FAQs

Institutional GME Policies and Procedures	
Do institutional policies for resident/fellow	Required elements of institutional policies for vacations and leaves of absence
leaves of absence address needs for	pertain to both continuous and intermittent leaves of absence.
continuous or intermittent leaves of absence?	
[Institutional Requirement: IV.H.1.]	
Can vacation and other pay sources be used	Sponsoring Institutions may use vacation and other pay sources to provide paid time
to support residents'/fellows' salary during	off during leaves of absence, provided that doing so is consistent with institutional
leaves of absence?	policy and applicable laws, and that one week of paid time off is reserved for use
	outside of the first six weeks of leave. The IRC will not cite Sponsoring Institutions for
[Institutional Requirement: IV.H.1.b)-c)]	new elements of vacation and leave policies described in Institutional Requirements
	IV.H.1.a)-f) before July 1, 2023.
Is there a timeframe within which	The reserved one week of paid time off (outside the first six weeks of approved
residents/fellows must use the week of paid	medical, parental, and caregiver leaves of absence) is to be available within the
time off that is reserved for use outside of the	appointment year(s) in which the leave is taken. It is not required that this reserved
first six weeks of the first approved medical,	week carry over into subsequent years of an individual's educational program. The
parental, or caregiver leave(s) of absence	IRC will not cite Sponsoring Institutions for elements of vacation and leave policies
taken?	described in Institutional Requirements IV.H.1.a)-f) before July 1, 2023.
[Institutional Requirement: IV.H.1.c)]	

https://www.acgme.org/globalassets/pdfs/faq/ir_faqs.pdf



Discussion Topic

Competency-Based Medical Education (CBME)





Competency-Based Medical Education (CBME)

The ACGME and American Board of Medical Specialties (ABMS) have been conducting symposia with the goal to accelerate the development of and transition to CBME in GME.

These working conferences are to develop a set of actions by the certification boards and the ACGME Review Committees to support advancing CBME within GME.

Teams consist of Member Board executives, Review Committee chairs, one learner from the specialty, one to two representatives (such as specialty society leaders or others to be selected jointly by the Member Board and Review Committee representatives)



Competency-Based Medical Education (CBME)

Objectives included:

- Recognizing the role and importance of the five essential core components of CBME in GME.
- Identifying the policy, financial, and administrative facilitators that have empowered spread and innovation in CBME.
- Identifying the policy, financial, and administrative barriers that inhibit the growth of CBME.
- Recommending changes in ACGME and ABMS policies and procedures that promote innovation and reduce or eliminate barriers to CBME.
- Working within and across specialties, create an action plan to support innovations and the widespread implementation of CBME.



Outcomes-Based Education: What Is It?

- Central tenet: Start with the end in mind
 - Focus on what type of physician will be produced
 - Structure and process flow from the outcomes
- Educational outcomes should be "clearly and unambiguously specified."
- These educational outcomes determine:
 - Curriculum, assessment processes, and the learning environment



Implementing Outcomes-Based Medical Education: Enter CBME

An approach to preparing physicians for practice that is fundamentally oriented to graduate outcome abilities and organized around competencies derived from an analysis of **societal and patient needs**.

It de-emphasizes [fixed] time-based training and promises greater accountability, flexibility, and learner-centeredness.







Faculty Development Courses

- Foundations of Competency-Based Medical Education
- Managing Your Clinical Competency Committee
- Multi-Source Feedback



Site Visits

NEW! Program Site Visit Update

The ACGME will conduct site visits annually for approximately one to two percent of programs with the status of Continued Accreditation. Programs will be selected through a random sampling process. The site visits will help assess program compliance with the Common Program Requirements and applicable specialty-specific Program Requirements in support of the ACGME's Mission.

Email questions to accreditation@acgme.org.

- For 2025, programs identified in this process include:
 - Three psychiatry programs
 - Four child and adolescent psychiatry programs
 - Three geriatric psychiatry programs

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Medically Underserved Areas and Populations

ACGME Home > What We Do > Accreditation > Medically Underserved Areas and Populations

Medically Underserved Areas and Populations

Medically Underserved Areas/Populations and GME

ACGME

Consistent with its mission to improve health care and population health, the ACGME seeks to enhance physician workforce development in communities that face physician shortages in various specialties.

As part of this effort, the ACGME developed a framework to encourage the development of graduate medical education (GME) that will result in enhanced access to and availability of health care in medically underserved areas (MUAs) and medically underserved populations (MUPs). Medically underserved areas and populations (MUA/Ps) are places or communities in which groups of people have unmet health or health care needs.

This framework outlines initial actions addressing graduate medical education in MUA/Ps.



Quick Links



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Medically Underserved Areas and Populations

The following processes are available to obtain ACGME Rural Track Program (RTP) designation:

- Permanent complement increase and identification of new rural site(s) for an existing program
- Application for a new program*

*New programs may share resources and overlapping resident/fellow experiences with an already existing ACGME-accredited program. Requests for ACGME RTP designation during the program application process may identify an existing program as a Rural Track Related Program (definition available on the website – <u>muap@acgme.org</u>).



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The evaluation can be found in the Conference Mobile App and a link will be sent postconference by email to attendees.

Evaluations are tied to your registered sessions.

Register/un-register for sessions in the Conference Mobile App.

Deadline – March 14, 2025

Questions? cme@acgme.org



Questions?



Thank you